

## INTEGRATED ESSENTIAL OILS SOLUTIONS TO HEAL THE WHOLE BODY, MIND AND HEART

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#### Abstract

Paracelsus stated that poison is in everything, and no thing is without poison. If you know your poison, you will find your remedy and create your cure and the dosage make it either a poison or a remedy. In nature, there is an anecdote for every man-made condition and symptom as well as a solution to the source of all suffering. Within nature you will find essential oils, a solution to all imbalances. They are the most concentrated of all healing modalities and are derived from over 600 plants globally. Each plant has a signature, a chemistry, historical significance and blends well with other essential oils to address multiple symptoms and complex diseases of the body, mind and spirit. The remedy is to combine the most compatible essential oils, that align with the energy anatomy of the individual, not the condition, and to restore balance through inhalation, application and through a conversation with yourself in order to connect one's internal dialogue in healing. In this presentation you will learn how to use essential oils, through single notes and complex alchemical formulations. This is on order to let go, wake up, re-connect and to allow aromatic molecules to repair the physical, balance the emotional, focus the mind, heal the heart, invigorate the energetic and find the essence or spirit within.

Learning Objectives

1. To see beyond essential oils and feel nature through the wisdom of aromatic plants.

2. How essential oils affect every part of the human condition and work simultaneously on all our systems.

3. How essential oils affect the brain, from the sense of smell to the affect on our immune system, our endocrine system, the way we think, our heart and our inner knowing.

#### **Treatment Solutions**

Through multi-spectrum therapeutic applications that combine massage, the sense of smell and healing touch using several blends and single notes applied simultaneously to the whole body as well as the systems, meridians and subtle energy pathways. The result is a more integrated healing experience that connects every part of the individual, restoring balance and the ability to feel something. Case Studies

# 1. Female, aged 35, multiple conditions, suicidal thoughts, over active mentally with depression, used essential oil remedies in conjunction with daily conversations, when needed, to restore a healthier view of the world, herself and to her surroundings. Immune system restored, and healing has begun.

2. Female, aged 38, endometriosis, fatigue, depression, anxiety, over active bladder, aches and pain and poor circulation. Combination of hot aromatic baths, massage and daily application of essential oil remedies. Restored warmth, immune function, normal thyroid response, cortisol levels restored with all symptoms reduced over 2 years

#### Biography

Michael Scholes BSc. Prof, International Aromatic Consultant and Master Essential Oil Formulator. He has 33 years and 100,000 hours of experience in essential oil formulating, consulting and in all things aromatic and has trained over 30,000 students worldwide. He is the owner of the Virginia based Laboratory of Flowers where he specializes in the sale of organic essential oils, 1750 formulas and 100 life changing remedies. His specialty is in Aroma Therapy where he focuses on the source of a person's challenges and is able to suggest aromatic solutions in the form of essential oils or remedies using over 600 essential oils from his personal library. He has presented at ICNM in Paris,Barcelona and London in 2016, 2017, 2018 and 2019..



Annual Congress on traditional medicine and alternative medicine | March 04-05, 2020| Edinburgh, Scotland

Abstract Citation: Michael Scholes, Integrated essential oils solutions to heal the whole body, mind and heart, Tradtional Medicine 2020, Annual Congress on traditional medicine and alternative medicine, Edinburgh, Scotland, March 04-05, 2020, 02.