

How to preserve game changing medical breakthroughs by remembering ancient knowledge of health

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Abstract

Modern medicine has crossed almost every boundary author imagined being eternal mere years ago. They can achieve results that never imagined possible. Uncurable diseases have become manageable, some even can be cured. However, basic principles of preserving patient health and of regaining it unfortunately seem to have been forgotten or even worse ignored. Invest 30 valuable minutes in remembering ancient news and commonplace knowledge and reflect upon yourself. Do you care enough about you? Could you easily contribute to the health of your loved ones and last not least your patients? Thirty minutes of precise recommendations will empower you to add the foundation to persisting health to whatever therapy your patient is undergoing. Ignoring these basic principles will inadvertently diminish and jeopardize

patient outcome, morbidity and life expectancy.



Biography

Arun Subburayalu is a GMC-registered GP working self-employed in his own surgeries in Emmerich am Rhein and Isselburg for almost 15 years. The emphasis of his work is lifestyle improvement, sleep disorders and the Ayurvedic approach to coping and mastering the challenges patients face every day. He delivers education to colleagues and laymen likewise and is renowned for his keynotes.

Publications

1. Ancient wisdom and working the grassroots secure medical progress, Arun Subburayalu, Journal of Gynecology and Reproductive Endocrinology; 2020;3(3):1

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