



Awareness About Ayurvedic Medicine

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EDITORIAL NOTE

Ayurvedic science has great potential to offer novel solutions in many areas of health as well as disease. This is especially significant in current times as limitations of modern medicine are becoming increasingly apparent.

Ayurvedic principles can be applied to develop healthful epigenetic approaches, anti-aging protocols, nootropic formulations for Dementia, Alzheimer's and the likes; fertility and pregnancy care, treatment of fistulas and chronic wounds, pain management to name a few. There is also a lot of scope for integration of Ayurveda in public health programs, maternal and child care, telemedicine, primary prevention programs, corporate health programs.

Ayurveda is often presented as a wellness modality, whereas wellness is just one part of this vast health science. Ayurveda holds immense potential for the medical and health woes of the 21st century where modern medicine seems to be fumbling after a glorious stint of about 100 years. The fundamental framework

of the Ayurvedic approach, the vast knowledge of primary preventative and self-care protocols, the concept of tonics which is very novel to Ayurveda, the concept of body typing (which makes Ayurveda the mother of personalized medicine), the amazing depth of Ayurvedic dietetics, the formulas and guidelines for anti-aging, the care protocols for the pregnant and post-partum, the wealth of knowledge of epigenetics, the specialized Ayurveda bodyworks and more, make Ayurveda the mega health science which has the potential for becoming the primary health care system for the entire world

The Journal of Evolutionary Medicine publishes articles that involve application of evolutionary principles to the health sciences. It also covers broad range of disciplines and approaches, including epidemiology, clinical studies, mathematical modeling, computer simulation, comparative studies, historical analyses and health policy. It also covers various aspects of infectious, genetic, and environmental influences on health and disease and the interplay among these influences.

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